

## **Easy Avocado Dill Soup**

2 cucumbers

½ small avocado (add more to increase creamy texture)

4 tablespoons fresh dill weed

2 teaspoons lemon juice

½ teaspoon sea salt.

Blend all ingredients in order in a blender until smooth and creamy.

Three soup recipes in one! Consider the following options:

Garnish with dill weed and/or diced red pepper. Try cilantro or green onion instead of dill.