



TrueSelf TotalHealth life, in balance.

Raw Maca Chia Fudge

Ingredients

- $\frac{1}{4}$ cup organic virgin coconut oil, melted
- 3-4 TBS raw organic cacao or unsweetened raw organic carob powder
- 1 TSP vanilla flavoring or vanilla extract (non-alcoholic)
- 1 TSP of raw organic maca powder
- 1 TBS organic chia seeds**
- A couple of drops of stevia (adjust to desired sweetness)

**soak a minimum of 2 hours. Use only enough water to keep them thick.

Directions

1. Mix all ingredients in a bowl.
2. Line a small baking sheet or glass baking dish with parchment paper.
3. Pour the mixture on the sheet or dish. It will be thin.
4. Place in the fridge for at least 1 hour (or if you want it faster, in the freezer) until solid.
5. Slice and serve.

Can be stored in a refrigerator for up to 5 days